

Agenda (10am-Noon)

- Welcome
- Review of Previous Taskforce Meeting
- Partners in Prevention Presentation: Joan Masters
- Taskforce Priorities: Dr. Cammie Connor
- 45 Min. Discussion: Collective Reflection on Today's Presentations
- Final Questions
- Adjourn



Review of Previous Taskforce Meeting

- ▶ Common themes/Issues
 - ▶ A lot of great support programs in operation on various campuses
 - ▶ Partnerships between campus administration and mental health networks
- ▶ Questions to consider going forward
 - ▶ How do we engage primary and secondary mental health issues?
 - ▶ What does a one “stop shop” support center look like on campus?
- ▶ Overview of 2018 taskforce report
- ▶ Wraparound services and mental health
- ▶ HappierU update



Partners in Prevention Presentation



Joan Masters





Taskforce Priorities

➤ Dr. Cammie Connor





Department of Higher Education & Workforce Development

Project Charter

(Understanding the Why, What, Who)

Project Problem Statement

COVID-19 has worsened a longstanding mental health crisis among students in secondary and postsecondary institutions. Services are being provided at both levels of the education sectors, but more needs to be done to coordinate efforts among the state's departments of Elementary and Secondary Education, Higher Education & Workforce Development and Mental Health



We will work together to bridge the gap between the mental health services provided at both levels of the Education sectors.

2022 Taskforce Phases

- Phase 1: Identify most common mental health issues faced by Missouri students.
- Phase 2: Identify a unified approach to resolving **Gaps** in mental health services.
- Phase 3: Strategy implementation in mental health services.
- Promote HappierU



What It is Not: Group that recommends legislation; Group that will recommend drafting reports; Measurements of impact won't be completed until around 2023.

Project Summary

(Why, What, Who)

Why Is the Project Important?

- One in six children in the U.S. has a mental health disorder.
- Suicide is the second leading cause of death among aged 15 to 24, and suicide rates among ages 10 to 24 has increased by 56% in two decades.
- The percentage of U.S. adults with symptoms of anxiety and depression increased by 13% from August 2020 to February 2021.
- The CDC reports that since the COVID-19 pandemic began in March 2020, the largest increases in unmet mental health needs were among adults aged 18-29.
- The Active Minds Student Mental Health Survey found almost 76% of college students reported COVID-19 has worsened their mental health.

What It Will Impact

- 88% experienced stress or anxiety
- 79.4% experienced disappointment or sadness
- 77.8% experienced loneliness or isolation.

Who It Will Impact

- Drop out rate will increase
- Students will experience unsafe environments
- Students will experience food and housing insecurity
- Hardest hit are minority, low-income

Department of Higher Education & Workforce Development – Project Charter

Project Need: “Why”
To fulfill a specific area of the vision, mission or strategic goals as identified



Project Need: “What”
A dedicated website to house mental health data; site will include best practices from our task force members



Project Need: “WIN”
HappierU impression benchmark of 10,000; best practices for secondary and postsecondary administration staff to support

Project Deliverables

Anticipated Benefit or Results



Communication strategy to help campuses talk about mental health issues with students



Best practices resources available and accessible to institutions



Student mental health issues are recognized earlier and can receive timely intervention assistance



10 Million impressions and increased views across various social media platforms





Open Discussion: Collective Reflection on Today's Presentations

➤ 45 min. open forum





Final Questions/Adjourn